

SACRAMENTO STATE **AQUATIC CENTER**

Presents the Southwest Junior Rowing Championships May 8 & 9, 2010 Lake Natoma, Gold River CA

The Southwest Junior Rowing Championships are held annually and feature the following schools/programs; Berkeley High School, California Yacht Club, Capital Crew, Deep Water, Humboldt Rowing, Jack London Aquatic Center, Junipero Serra High School, Lake Sonoma Rowing Association, Long Beach, Los Gatos RC Junior Crew, Marin Rowing Association, Marina Aquatic Center, Newport Aquatic Center, North Bay RC, Nor Cal Crew, Oakland Strokes, Pacific Rowing Club, Palo Alto Rowing Club, Rio Salado Rowing, River City, Row Chabot, San Diego, St. Ignatius Crew, Stanford Rowing, Stockton Rowing, Tempe Junior Crew, Tempe Town Lake Crew, Xavier Prep Crew, ZLAC Rowing Club

Location: Nimbus Flat State Park, Lake Natoma, Gold River CA

Races begin at 8:00 am both days.

Admissions:

\$5.00 per person per day

- Event tickets can be purchased the day of the events
- Athlete wristbands will only be accepted on uniformed athletes.

Parking in the State Park:

State Park \$10.00

- The state park will fill up quickly so it is recommended on planning on parking in overflow.
- The California State Parks Rangers will be handling all parking fee issues in Nimbus Flat State Park.
- If you have an *Annual California State Parks Parking Permit* this will get you into the park at no additional charge
- The parking lot outside the State Park (Park & Ride) will be for loading and unloading ONLY. Customer service carts will help transport into the event from this location.

- Buying a parking pass in the State Park will NOT Guarantee a parking space for the entire if you choose to leave. Spaces will be refilled as they become open.
- Buying a pass to the overflow lots will NOT allow you to park in the State Park.
- Please park in designated parking places ONLY! Violators will be towed.
- You may see empty spaces; there are pre-reserved for athlete busses and handicap.

Directions to State Park:

- ***From Sacramento:*** Take Hwy 50 East towards South Lake Tahoe, Exit #21, Hazel Ave. Take a left onto Hazel. The entrance to Nimbus Flat State Park will be the first right after the first light.
- ***From South Lake Tahoe:*** Take Hwy 50 West towards Sacramento, take the Hazel Ave exit. Turn right onto Hazel avenue; the entrance to Nimbus Flat State Park will be the first right.

Parking in the Overflow Lot:

Overflow lot \$5.00

- The “**Overflow Lot**” is located approximately 1/3 of a mile from the race course. It is an easy walk, or you can take our **free shuttle**.
- The shuttle will be running on approximately 20 minute pick-up/drop-off intervals. Please plan time ahead for transportation. Look for the shuttle pick-up/drop area located in front of the Hartford and Health Net buildings.
- The shuttle DOES NOT pick up at the fish hatchery.
- The shuttle will drop off and pick by the finish line tent.

Directions to the Overflow Lot: (map is also included)

- ***From HWY 50 West:*** Exit Hazel Ave., turn left over the freeway, make the first left on Tributary Point Drive, and continue to the end, follow the signs to the parking area.
- ***From HWY 50 East:*** Exit Hazel Ave., go straight on to Tributary Point Drive and continue to the end, follow the signs to the parking area.

***PLEASE NOTE THAT THE STATE PARK WILL FILL VERY QUICKLY,
PLEASE PLAN ON PARKING IN THE OVERFLOW LOT! PLAN
TIME AHEAD TO TAKE THE SHUTTLE OVER.***

Customer Service

- If parents/alumni/family/friends/supporters are bringing supplies and the state park is full, they will not be allowed to drive into the state park to drop off supplies/food. They can pull into the park & ride and drop off items there; the aquatic center will provide shuttles into the park with golf carts.
- Customer service carts will run from the front of the state park and the front of the Aquatic Center lot to any where inside the park.
- Athletes are not permitted on customer service carts.

- Customer service carts are for parents and guests only.
- Golf Carts are not permitted to transport anyone to the overflow parking areas, shuttles are provided to transport visitors to and from the overflow lots

Vendors:

There will be food and merchandise booths; some of the vendors are JL Design, Sew Sporty, Boat House Sports, Smoothie Patrol and more!

If you have any further questions please feel free to contact the Sacramento State Aquatic Center at 916-278-2842 or visit our website

www.sacstateaquaticcenter.com

Sacramento State Aquatic Center Special Event Over Flow Parking

Here are some helpful tips for parking at Sacramento State Aquatic Center special events (regattas).

1. **Preferred Parking:** Preferred parking will be located in Nimbus Flat State Park. **This area will be used on a first come first served bases, space is limited. The California State Parks Rangers will be handling all parking fee issues in Nimbus Flat State Park. There will be a parking fee of \$10.00 per event day.** If you have an *Annual California State Parks Parking Permit* this will get you into the park at no additional charge. If you pre-purchase a parking pass at the kiosk for the any of the days of these events, and you leave the lot and return, please understand that a parking pass **DOES NOT GUARANTEE YOU A PARKING SPACE.** Space in the Nimbus Flat State Park is limited; once the lot is full it will be closed and reopened, as spaces are made available.

2. **Additional Parking:** We have arranged, thanks to PDC Properties, Inc. and the Gold Pointe Corporate Center, to use the parking area located at the end of "Tributary Point Dr.". From Hwy 50 west, exit Hazel Ave., turn left over the freeway, make the first left on Tributary Point Dr. and continue to the end, follow the signs to the parking area. From Hwy 50 east, exit Hazel Ave., go straight on to Tributary Point Dr. and continue to the end, follow the signs to the parking area. This lot is used by Health Net, The Hartford, Waste Management, and many other businesses during the week. Please understand that it is a privilege for us to have use of this area. Cars not parked in designated stalls will be towed or sited at the owner's expense.

The "Additional Parking" lot is located approximately 1/3 of a mile from the race course. It is an easy walk.

Thank you for attending one of the Sacramento State Aquatic Center special events.

When the Sacramento State Aquatic Center helps to facilitate large events at Lake Natoma we could not do it without your help cooperation. and

